



E-Learning Overview

The Season 1: Foundations of Knowledge learning modules offer a concise primer on the truths and implications of the historical and contemporary relationship between Indigenous peoples and those who settled on their lands in Canada. It does this by providing the foundational knowledge on truth and reconciliation that nearly all Canadians missed during their education journey.

This learning is in direct response to the 94 Calls to Action from the Truth and Reconciliation Commission of Canada, and the importance of educating all Canadians in workplaces and classrooms.

We each have a role to play in reconciliation by seeking to understand the truth, recognizing the impact of our shared history, and committing to moving forward with respect and empathy. Taking action towards understanding Indigenous perspectives promotes reconciliation. It creates land-based, justice, health, economic and environmental opportunities and builds partnerships between Indigenous and non-Indigenous peoples. **This is just a first step**, and we encourage all participants to seek further learning opportunities with Indigenous peoples and organizations in your own region.

This course is aligned with anti-racism and diversity and inclusion objectives in the workplace.

It is intended to provide a bridge that facilitates direct learning relationships with Indigenous peoples as a result of this heightened awareness.

We encourage you to continue your learning journey with local First Nations, Métis, and Inuit people and organizations closest to you.

This learning is meant to enhance (*not replace*) local Indigenous knowledge.



MODULE 1
DOCUMENTARY FILM



MODULE 2
COLONIALISM & RACISM



MODULE 3
HISTORY



MODULE 4
TREATIES



MODULE 5
RESIDENTIAL SCHOOLS



MODULE 6
UNDRIP



MODULE 7
TERMINOLOGY



MODULE 8
RECONCILIATION



MODULE 9
RESTITUTION



MODULE 10
FINAL ASSESSMENT

In this foundational learning we will cover:

- An overview of truth and reconciliation
- Indigenous contributions and innovations
- Terminology
- The ongoing impact of colonialism, the residential school system, and the Indian Act
- Racism and colonialism
- The importance of treaties
- Truth and reconciliation in the workplace
- Stories of partnerships, hope, and Indigenous cultural revitalization
- Calls to Action for education

FIND THE ICON FOR YOUR SEASON AND FOLLOW IT AROUND THE YEAR TO SEE HOW YOUR COURSE WILL UNFOLD.



WHAT DOES YOUR SEASON INCLUDE?



SEASON 1 AND SEASON 2 COURSES

INCLUDES ONLINE LEARNING LESSONS RELEASED IN THE FALL, WINTER, AND SPRING + MONTHLY VIRTUAL GATHERINGS WITH ALL COURSE LEARNERS



SEASON 3 COURSE

INCLUDES SIX COURSE-BASED VIRTUAL GATHERINGS + MONTHLY VIRTUAL GATHERINGS WITH ALL COURSE LEARNERS



SEASON 4 COURSE

INCLUDES SEVEN COURSE-BASED VIRTUAL GATHERINGS + MONTHLY VIRTUAL GATHERINGS WITH ALL COURSE LEARNERS

4 SEASONS OF INDIGENOUS LEARNING

EACH SEASON IS A YEAR-LONG COURSE OF LEARNING. WE ENCOURAGE LEARNERS TO REGISTER FOR JUST ONE SEASON PER YEAR.



TAKE THE TIME OVER THE SUMMER MONTHS TO REFLECT ON WHAT YOU'VE LEARNED. YOU HAVE ACCESS TO YOUR LEARNING LESSONS AND RECORDINGS OF VIRTUAL GATHERINGS UNTIL SEPTEMBER 30, 2025.



SUMMER

EACH SEASON STARTS NOV 1



FIRST SET OF ONLINE LEARNING LESSONS RELEASED



VIRTUAL GATHERINGS BEGIN



MONTHLY VIRTUAL GATHERINGS WITH INDIGENOUS LEADERS AND EDUCATORS



FALL

SPRING



WINTER



REGISTER FOR YOUR NEXT SEASON OF LEARNING!
[OUTDOORLEARNING.COM/4-SEASONS](https://outdoorlearning.com/4-seasons)



THIRD (AND FINAL) SET OF ONLINE LEARNING LESSONS RELEASED



VIRTUAL GATHERINGS CONTINUE



MONTHLY VIRTUAL GATHERINGS WITH INDIGENOUS LEADERS AND EDUCATORS



SECOND SET OF ONLINE LEARNING LESSONS RELEASED



VIRTUAL GATHERINGS CONTINUE



MONTHLY VIRTUAL GATHERINGS WITH INDIGENOUS LEADERS AND EDUCATORS



**OUTDOOR LEARNING
SCHOOL & STORE**